

## American Parkway Half Marathon Technical T-Shirt Sizing

For those participating in the half marathon, the race shirts are made from a technical fiber, will not shrink, and come in women's and men's sizes.

**Note: 5K shirts are cotton and unisex. Do not use this chart for 5K shirt sizing.**

To find your correct shirt size, lay one of your own T-shirts flat on your bed or floor like the illustration below. Make sure the shirt is as flat and wide as it can be.

Then measure the width of your shirt (A - B as shown below) and match that measurement to the sizes in the chart below.

For example, if you are sizing for a woman's shirt and your own shirt measures 18 inches, you would look for the size which correlates to 18 inches in the chart below. In this case, it would be a Women's Medium.

**Note:** To guarantee that you will receive the shirt size you order, you must register by March 19, 2012. If you register after March 19, we will try our best to make sure you get your size, but no guarantees.

### Women's Technical Shirts (Fitted and V-Neck)

A-B = 16 inches: Women's XS

A-B = 17 inches: Women's S

A-B = 18 inches: Women's M

A-B = 20 inches: Women's L

A-B = 21 inches: Women's XL

A-B = 23 inches: Women's XXL

A-B = 24 inches: Women's XXXL\*

(\* XXXL is not fitted, nor V-neck)

### Men's Technical Shirt

A-B = 17 inches: Men's XS

A-B = 18 inches: Men's S

A-B = 19 inches: Men's M

A-B = 21 inches: Men's L

A-B = 22 inches: Men's XL

A-B = 24 inches: Men's XXL

A-B = 26 inches: Men's XXXL

